Reflection on Why do people like or not like running?

So for this I wanted to hit two audiences in way that made it two genres so I wanted to talk to the runner side of people and give my two cents on that then I wanted to talk to people on why people run and why they do. That was to the people that do not run tell them why I run and why they should to. I wanted to show two audiences why each side runs because sometimes its easier to show why each side does what they do and why they do it. That is how I saw it at the end of the day because I feel like once you hear both sides it's easier to understand. It was easy for me to look at both sides because Iv been on both sides and I know how both feel and why each one does what they do.

For the process for how I wanted to hit at it was I was going to first talk and show what goes through runners' heads at the beginning and talk about their daily things. Talk about how they get the same questions repeatedly then show how the things they do are normal to them and that it didn't seem that crazy to them what they were doing. Then for the people who aren't runners I was going to show their side of why people who aren't runners don't run and tell my story of why I run who wasn't a runner at first. I wanted to show my two cents on why I ran and didn't. I understand why people don't and why I didn't at first, so it felt easy for me to show why regular people do not run and why some do.

I choose to do blog type post because I felt like that gave me a little more freedom to show some facts in it give my story of why I started and show both sides. Then It was easy for ne to throw some other articles in the blog post to show where some of my finding came from. My writing looks like a blog post to me when I already write so it wasn't to much for me to think about when I was doing it. Showing both sides in a blog post didn't seem that complicated to ne when I though about it and laying it out at the beginning didn't seem like it was going to get to bad. Blog posts are good ways of kind of just being able to speak your mind and be able to put in things about your life because its your blog post. That's how I looked at it because with a newspaper type article it would have to be formal and with a blog post it doesn't have to be as formal because you are the blogger its your blog you can make it as formal or unformal as you want to in my eyes.

I found myself using a lot of different type of rhetorical practices in this paper I was hitting different audiences. Then I did a reflection in the paper on why I run and was using my situation to shed some of my knowledge on why people run and do not run I felt like that was the biggest thing. Then I found a middle ground in the paper for them to meet in the middle to understand why people on each side what did they did and why they did it.

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